**Greenhills Primary School and Nursery Class RSHP Organisation at Second Level – Primary 6**

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| CfE Organiser | Activities | Experiences and outcomes | Learning Intentions | Benchmarks |
| Physical changes | Emotional Wellbeing and Body Image  1. My Feelings  2. My Body  3. When I feel sad or worried | I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. HWB 2-44b I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing. HWB 2-45a | • Children learn to recognise their feelings  • Children explain how positive relationships enhance emotional wellbeing.  • Children learn help-seeking behaviours. | ***Identifies positive things about own body image and appearance.*** |
| Positive relationships | Love and relationships  1. What is love?  2. Being attracted to someone | I understand that a wide range of different kinds of friendships and relationships exists. HWB 2-44a I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. HWB 2-44b I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing. HWB 2-45a I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication. HWB 2-45b | •Children understand that different kinds of friendships and relationships exist; and that positive relationships have a positive impact on wellbeing.  • Children understand the importance of being cared for and caring for others in personal and romantic relationships.  • Children respect and value friendships with children of the opposite sex.  • Children acknowledge the pressures on them to be in boyfriend/girlfriend relationships. |  |
| Sexual Health and Sexuality | Sex: How people have sex/what do they do? | I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health. HWB 2-15a I am able to describe how human life begins and how a baby is born. HWB 2-50a | • Children recap learning about their body including sexual organs/genitals.  • Children recap learning about puberty and physical and emotional changes.  • Children are given basic knowledge about having sex (intercourse). This supports other RSHP learning.  • This activity places sex as part of adult relationships which are characterised by kindness, love and intimacy.  • The activity corrects what children at this young age may have learned by being exposed to media representations of sex, including pornography.  • The age of consent is introduced. | ***Uses correct terminology for all private body parts and reproductive organs, for example, breasts, clitoris.*** |
| Sexual Health and Sexuality | How human life begins, pregnancy and birth | I am able to describe how human life begins and how a baby is born. HWB 250a | •Children know the names for parts of their body required to understand conception, pregnancy and birth.  • Children understand where living things come from | ***Describes human conception and birth, for example, sexual intercourse, egg and sperm, giving birth.***  ***Describes some symptoms of pregnancy.*** |
| Role of a parent/carer | Being a parent/carer  1. What does a parent/carer need to know and to do?  2. If I were a parent or carer | I can describe the role of a parent / carer and the skills, commitment and qualities the role requires. HWB 2-51a | • Children know that all families are different.  • Children understand and explain the role and qualities of a parent/carer. | ***Describes skills and qualities required to be a parent / carer, for example, commitment, love, patience, sense of humour.*** |