**Greenhills Primary School and Nursery Class RSHP Organisation at Second Level – Primary 5**

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| CfE Organiser | Activities | Experiences and outcomes | Learning Intentions |
| Physical changes/ Sexual Health and Sexuality | My body 1. Names of parts of my body 2. My body is changing (inc menstruation) 3. Feelings and puberty 4. Personal hygiene | I recognise that how my body changes can affect how I feel about myself and how I may behave. HWB 2-47a I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of personal hygiene. HWB 2-48a | • Children learn the correct names for parts of their body, including male and female genitalia, and their functions. • Children recognise that body changes with puberty impact on feelings and behaviour. • Children learn strategies to manage emotions. • Children understand the importance of personal hygiene |
| Sexual Health and Sexuality | Consent 1. What is consent? 2. My body is mine | I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and nonverbal communication. HWB 2-45b I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. HWB 2-49a | •Children understand the concept of consent. • Children understand the concept of bodily autonomy. • Children acknowledge personal space and boundaries. • Children know that all forms of abuse are wrong. • Children learn help-seeking behaviours. |
| Positive relationships | Friends and Friendship 1. What is a friend? 2. Making and keeping friends 3. Online/offline friends | I understand that a wide range of different kinds of friendships and relationships exists. HWB 2-44a I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. HWB 2-44b I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing. HWB 2-45a | • Children understand that there are different kinds of friendships and relationships. • Children recognise that friendships can be built and maintained in their immediate social environments and online. • Children know that positive peer relationships are good for their health and wellbeing and that of others. • Children give examples of skills and behaviours that enhance friendships and peer relationships. |
| Positive relationships | A fair and equal life for girls and boys 1. Stereotypes and equality 2. Being fair 3. Being transgender | I understand that a wide range of different kinds of friendships and relationships exists. HWB 2-44a I am aware that positive friendships and relationships can promote health and the health and wellbeing of others. HWB 2-44b I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. HWB 2-49a | • Children learn about themselves, what makes them unique and the idea of diversity. • Children consider stereotypes and gender-biased expectations. |
| Physical changes | My senses: Things I like/Things I don’t like | I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication. HWB 2-45b I am aware of and able to express my feelings and am developing the ability to talk about them. HWB 2-01a I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health. HWB 2-15a | • Children learn about their senses about how senses are used when considering if they like or dislike something. • Children acknowledge personal space and boundaries. • Children understand that feelings and responses are communicated both verbally and non-verbally. |
| Physical changes | Social Media and Popular Culture 1. Where do we go online? 2. Being smart online | I understand that a wide range of different kinds of friendships and relationships exists. HWB 2-44a I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. HWB 2-49a I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication. HWB 2-45b | • Children see the internet as a positive place that is fun and helps them learn. • Children reflect on their online behaviours. • Children identify potential or actual abusive behaviour in online environments. • Children learn help-seeking behaviours |
| Positive relationships/ Physical changes | Protecting Me/Abuse and Relationships 1. When I feel safe/unsafe 2. My 5 trusted individuals 3. Bullying 4. Physical abuse and neglect 5. Sexual abuse | I know that all forms of abuse are wrong, and I am developing the skills to keep myself safe and get help if I need it. HWB 2-49a | Children learn that all forms of abuse are wrong. • Children are informed about sources of information and support. |