|  |  |
| --- | --- |
| Class: Primary 1 Room 13 Mrs Matteo  Tuesday 27th Sept – Thursday 29th Sept 2023 | |
| Health and Wellbeing | **Physical Activity**  Go for a walk. Remember to keep safe by holding an adult’s hand and looking where you are walking. When crossing the road remember to listen for the traffic and look both ways.  **Food and Health**  Help to make a healthy snack or lunch. Maybe you could cut up some fruit with an adult helping you. Or you could help to make a sandwich for lunch.  **Independence**  Try to get dressed all by yourself. Remember socks can be tricky but we are getting good at putting shoes and jackets on! |
| Literacy | **Book Bag**   * Cosy up and read the story included in your book bag together. * Look at the pictures in your book. Can you talk about them or point out items in the pictures? * Play the games. |
| Numeracy | **Number Walk**  When out for your walk have a look and see what numbers you can find. Hint: look at the houses and keep an eye open for any buses!  **Toy Count**  Play with your toys. Can you count how many of each kind you have? How many dinosaurs/ toy cars/ dolls do you have? How many green cars do you have? How many dolls with brown eyes?  **Get Moving**   * How many hops can you do before losing your balance? * Count how long you can stand on one leg. Can you beat your score? * Do some star jumps. Count how many you do before you are puffed out! |

These activities can be completed at any time over the school closure days to fit around family commitments and routines.