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| Class: Primary 1 Room 13 Mrs MatteoTuesday 27th Sept – Thursday 29th Sept 2023 |
| Health and Wellbeing | **Physical Activity**Go for a walk. Remember to keep safe by holding an adult’s hand and looking where you are walking. When crossing the road remember to listen for the traffic and look both ways.**Food and Health**Help to make a healthy snack or lunch. Maybe you could cut up some fruit with an adult helping you. Or you could help to make a sandwich for lunch. **Independence**Try to get dressed all by yourself. Remember socks can be tricky but we are getting good at putting shoes and jackets on! |
| Literacy | **Book Bag*** Cosy up and read the story included in your book bag together.
* Look at the pictures in your book. Can you talk about them or point out items in the pictures?
* Play the games.
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| Numeracy | **Number Walk**When out for your walk have a look and see what numbers you can find. Hint: look at the houses and keep an eye open for any buses!**Toy Count**Play with your toys. Can you count how many of each kind you have? How many dinosaurs/ toy cars/ dolls do you have? How many green cars do you have? How many dolls with brown eyes?**Get Moving*** How many hops can you do before losing your balance?
* Count how long you can stand on one leg. Can you beat your score?
* Do some star jumps. Count how many you do before you are puffed out!
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These activities can be completed at any time over the school closure days to fit around family commitments and routines.