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| Class: Primary 6 Room 22 Mr Heidinger  Tuesday 27th Sept – Thursday 29th Sept 2023 | |
| Health and Wellbeing | **Mindfulness**- Take part in a mindfulness or relaxation activity eg. Colouring, listening to 60’s music, meditation.  **Physical Activity –** Complete 30 minutes of physical exercise per day. Try to vary your choice in exercise and record what you do and how you felt after.  **Global Citizenship –** Find a way to contribute to your local community in a small way. eg. Help a neighbour, litter picking. Remember you must ensure your parent knows this person and has agreed to this. You could start at home. |
| Literacy | **S & G Groups** - Read next two chapters of your book.  **R & H Groups** – Read through new book and discuss tricky vocabulary with an adult.  **All groups** –  **Spelling** – Complete each active spelling strategy with your spelling words (jotter).   * *Syllabification -Say,read,cover,write,check,analyse* * *Diacritical Marking*   **Character Study –** Create a character profile based on a character of your choice from your reading book. Use a whole page and be as creative as you like. Write the character information in sentences under subheadings of your choice for example; interests, likes & dislikes.  **Note-Taking -** Watch an episode of Newsround and note take key information in bullet points on two stories.  **Imaginative Writing -** Create a setting that builds suspense. This could be a story with a cliff-hanger. |
| Numeracy | |  |  |  | | --- | --- | --- | | Spheres | Cuboids | Cylinders | | **Shape:** Sketch a equilateral, isosceles and right angled triangle and list their features.  Eg. Sides, symmetry, shape. | **Shape:** Find and Sketch examples of 2D shapes found in your house or environment. Name them and list their properities. | **Shape:** Create a piece of art or shape model using at least 5 different 2D shapes. | | **Number:** Create your own tricky number sequences up to 100,000 using more than one rule ( - x + ÷ ) | **Number:** Create your own tricky number sequences up to 10,000 using one rule ( - x + ÷ ) | **Number:** Create your own number sequences up to 1000 using doubling, adding and halfling. | | **Timestables:**  Sumdog Challenge  TT =. (2- 12) | Sumdog Challenge  TT = (3,4,6,7,8,9) | Sumdog Challenge  TT= (2,3,4,5,10) | |