

Greenhills Primary School and Nursery Class - Family Assistance Updated September 2020

<b>Worried about feeding your family? Foodbanks that can help you</b>	<b>Where</b>	<b>When</b>	<b>Time</b>
EK Community Food Bank	Westwood Baptist Church	Sunday	2.30pm-4pm
	East Mains Baptist Church. The Village Centre East Mains	Monday	10.30am-11.30am
	Church at Lindsayfield Greenhills Community Centre	Monday	6.15pm-7.15pm
	Claremont Parish Church. High Common Road, St Leonards	Tuesday	11am-12pm
	Calderwood Baptist Church. Maxwellton Road, Calderwood	Wednesday	11am-1pm
	South Parish Church. Baird Hill, The Murray	Thursday	11am-12pm
Covid 19 Community wellbeing telephone line	See listing below		
Loaves and Fishes	40 Singer Road Kelving Industrial Estate East Kilbride G75 OXS	EK 223657	Tuesday - Friday 10am- 12 noon
Sharealike	Usually based in 42 Strathmore house Town Centre EK but displaced during Covid	03003657800	

<b>Need clothing?</b>	<b>Where</b>	<b>Contact</b>
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**School clothing grant**

If you are in receipt of Housing Benefit and/or Council Tax Reduction there is no need for you to apply online, South Lanarkshire Council will use the information they hold to automatically award free school meals (P4 to S6) and/or school clothing grants (P1 to S6) to eligible families.

Email: [educationbenefits@southlanarkshire.gov.uk](mailto:educationbenefits@southlanarkshire.gov.uk)

**Greenhills Uniform**

Items of uniform will be available on a rail in the reception area of the school. Families are welcome to take any item of clothing they need.

Need financial help?	What can they help you with?	Contact Number/email
<b>Citizens Advice</b>	Gives free, impartial advice on money, legal and many other issues.	01355 263698
<b>South Lanarkshire Benefits Calculator</b>	Helps you to determine which benefits you are entitled to	<a href="https://southlanarkshire.entitledto.co.uk/home/start">https://southlanarkshire.entitledto.co.uk/home/start</a>
<b>Money Matters</b> Provision of welfare rights and money advice services. The welfare rights service provides information and advice on all social security related benefits, including assistance to complete claim forms. It offers benefit checks to ensure people are receiving their full entitlement and provides a support and representation service to people who have been refused benefits or wish to appeal their claim. The money advice service provides information, advice and representation to people who are experiencing difficulty in dealing with debts including mortgage/rent/council tax arrears, payment of household bills and credit or catalogue debts.  0303 123 1008		
<b>Scottish Welfare Fund</b> If you are facing household difficulties or a crisis, you may be eligible for a grant. A grant could help if you are facing a crisis at home such as a fire or flood, or an emergency situation such as having to visit a sick child in hospital and you do not have the money for transport. If you qualify for a crisis grant, you may be given a cash grant or another form of support such as travel vouchers, furniture, or a voucher for essential food, fuel or clothing.  0303 123 1007		

Wellbeing	What can they help you with?	Contact	Times
<b>Covid 19 Community wellbeing telephone line</b> This line can help during the pandemic with: Delivering food packs to you Delivering hearing aid batteries Delivering free sanitary provision Help with essentials such as baby milk or pet food Post letters for you Check you are ok 0303 123 1009			9am-5pm
<b>CAMHS</b> Covid 19 advice and support Advice/phone consultation for additional support at this time for parents/carers and young people 01698 455800			10am-3pm
<b>Lanarkshire Counselling and CBT Centre</b> Offers support for anxiety, depression, low self-esteem, stress, anger, relationship problems, health worries, OCD, fear, loss, guilt, feeling overwhelmed. 07857 695818 Lccc.scotland@gmail.com			
<b>Social Work</b> Concerns about an adult or child. Someone who needs help to look after themselves in their home. Someone who is caring for a person and may be needing support in order to continue doing this. Someone who may need help with substance misuse or addiction issues. Yourself - you may want advice about services or you may require support and assistance			

0303 123 1008	
<b>Police</b> In an emergency call 999 or call101 for non-emergencies	
<b>Domestic Abuse Help</b> Domestic Abuse and Forced Marriage Helpline: 0800 027 1234	
Scottish Women's Aid: 0131 226 6606	

