Health and Wellbeing

Keep fit with Joe Wick’s daily workout on YouTube, dance along to a song on Go Noodle or enjoy Cosmic Yoga on YouTube.

Help prepare a meal or snack with adult. Remember to wash your hands and keep safe in the kitchen.

Literacy

Phoneme: **ph**
Practise forming the phoneme in your jotter or on paper.
Think of five words containing the phoneme and write them in your jotter. Choose two and write a sentence for each.

Common words: **one** **first** **little**
Practise spelling and reading these common words.
Go on a common word hunt in books or look for them in a newspaper.

Continue to revise all previously taught common words. Make your own flashcards and play splat/show me with an adult.

Read the reading book you have at home and then retell the main events in the correct order to an adult.

Think of five questions you would ask one of the characters in your book.

Design a new front cover for your reading book and include the title and author.

Take your senses for a walk or go into your garden. Talk about what you see/hear/smell/feel/taste.

Play a game of I-Spy.

Have a go at writing a shopping list for an adult.

Write a story about your favourite animal.

Numeracy

3D shapes; Cube, cuboid, sphere, pyramid, cone, cylinder.

2D shapes; Square, circle, triangle, rectangle, oval.

Write out number sequences in your jotter or on paper.
Count in 2s to 20 (0,2,4,6,8,10,12,14,16,18,20)
Count in 5s to 50 (0,5,10,15,20,25,30,35,40,45,50)
Count in 10s to 100 (0,10,20,30,40,50,60,70,80,90,100)

Learn these sequences.

Go on a shape hunt in your house. Look for and name 2D and 3D shapes.

Draw one half of a picture and get an adult or sibling to complete the other half to make it symmetrical. Reverse roles.

Learn number bonds for addition and subtraction to 10. Write each story in your jotter or on paper. For example;

<table>
<thead>
<tr>
<th>Story of 5 (+)</th>
<th>Story of 5 (-)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0+5=5, 3+2=5</td>
<td>5-0=5, 5-3=2</td>
</tr>
<tr>
<td>1+4=5, 4+1=5</td>
<td>5-1=4, 5-4=1</td>
</tr>
<tr>
<td>2+3=5, 5+0=5</td>
<td>5-2=3, 5-5=0</td>
</tr>
</tbody>
</table>

Count your toys, pieces of a jigsaw puzzle, pens and pencils, books etc.

Inter Disciplinary learning

Make a fact file about France in your jotter or on paper.
Include basic information/pictures, for example, location, population, capital city, food, tourist attractions, language etc. Use a search engine on a PC if you have access for your research.

Please return to school on the 1st day back

Health & wellbeing is of upmost importance. Please check the NHS website for any health related issues.